## Draft\_Semester\_1\_TT2025\_2026



Course timetable - COCR 1046, Meditation & Holistic Health (Wks W1-W12)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Mon														
Tue														
Wed									30PM [=12]	Lecture, 04:30PM-06: 30PM, Wks W1-W12 [=12] Course: COCR 1046 Room: TLC TR5				
Thu														
Fri														
Sat														
Sun														