

# Semester\_1\_TT2024\_2025

## Course timetable - SPKN 3101, Strength & Conditioning (Wks W3-W12)



	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	09:00PM
Mon														
Tue														
We														
Thu														
Fri									Lecture, Wks W3-W12 [=10] Course: SPKN 3101 Room: UWI SPEC RM# 80					
Sat														
Sun														